ABOUT THE PARTNER ORGANIZATIONS

Life with Cancer - The mission of Life with Cancer is to enhance the quality of life of those affected by cancer by providing education, information and support. All programs are provided free of charge. www.lifewithcancer.org

The Leukemia and Lymphoma Society (LLS) is the world’s largest voluntary health organization dedicated to funding blood cancer research, education, and patient services. Information Resource Center, 1-800-955-4572 (latest disease, treatment and clinical trial information). www.lls.org

DC Candlelighters provides emotional, educational, financial and practical support for families in the Washington, DC metro area fighting childhood cancer. An affiliate of Candlelighters Childhood Cancer Foundation, DC Candlelighters is a 501(c)3 nonprofit organization run by volunteers. www.dccandlelighters.org

Special Love, Inc. sponsors week-long and weekend camps and retreats for children, teens and young adults with cancer and their families in the Mid-Atlantic region. Camp Fantastic (for patients), BRASS Camp (for brothers and sisters), and YAC (for young adults) give children, young adults and parents a community of support made of people who can share their experience and compassion. www.speciallove.org.

Growing Hope provides non-medical support for children in treatment for cancer in N. Virginia and their families such as outings, holiday parties, educational materials, financial assistance, scholarships, a family picnic, pizza and birthday parties. Growing Hope also supports Life with Cancer Kid & Sib Days & Pediatric Oncology Parent Nights. Growing is a 501(c)3 nonprofit with no paid staff.

John Quadrino Foundation provides financial assistance to families of children with cancer throughout the DC Region and has supported the Life with Cancer Survivorship events with college scholarships since 2006.

Elsie and Marvin Dekelboum Family Foundation provides support to numerous local and national organizations in health care, education, and the arts.

Hospital Partners:
Inova Fairfax Hospital for Children & Inova Cancer Services
Children’s National Medical Center
George Washington Cancer Institute/George Washington University
Medstar Georgetown University Hospital/Lombardi Comprehensive Cancer Center
University of Virginia Health System
Children’s Hospital of Richmond at Virginia Commonwealth University

I'm Cured . . . Now What? A Conference for Teen and Young Adult Survivors of Childhood Cancer, their Parents and Siblings

Saturday, July 27, 2013
8:15 a.m. - 4:30 p.m.
Life with Cancer Family Center
8411 Pennell Street, Fairfax, VA 22031
Register online at www.lifewithcancer.org
ABOUT THIS EVENT

This 8th Annual Life with Cancer®“I’m Cured...Now What?” conference focuses on medical & psychosocial concerns facing teen and young adult survivors of childhood cancer. The purpose is to provide information on long term effects of treatment and other issues so that survivors will be better able to advocate for themselves and lead healthy and productive lives. This year, a special emphasis will be on siblings and family healing. We wish to thank The Elsie and Marvin Dekelboum Family Foundation’s generous support for this event and all Life with Cancer® children’s programs.

- LEARN ABOUT
  - Late Effects and Risk Factors
  - Psychological Implications & Impact on Families
  - Complementary Therapies
  - Nutrition and Exercise
  - Resources for College & Career Planning

- TRY
  - Therapeutic Drumming
  - Nutrition & Cooking Demonstration

- SHARE COMMON CONCERNS
  - For Survivors - Intimacy, dating, and disclosure
  - For Young Adult Siblings - What about me?
  - For Parents - Empowering and letting go

- INTERACT WITH
  - Experts in Long Term Follow up Care

- NETWORK WITH OTHERS

REGISTRATION FORM

(Online registration is available at www.lifewithcancer.org after 6/15)

Name(s) __________________________________________
________________________________________________________
________________________________________________________________
Address __________________________________________________________
City __________________________________ State __________ Zip __________
Phone __________________________________________________________
E-mail Survivor _________________________________________________
E-mail Sibling(s) ________________________________________________
E-mail Parent(s) _________________________________________________
Are you a cancer survivor? ☐ Yes ☐ No Are you a sibling? ☐ Yes ☐ No
Are you a parent/guardian? ☐ Yes ☐ No Other relationship to cancer survivor _______________________
Number in family attending conference __________
Are you interested in a scholarship application? ☐ Yes ☐ No, please send me an application ☐ No
Do you need a ride from the Metro (volunteer drivers are available) ☐ Yes ☐ No
Would you like a vegetarian lunch? ☐ Yes _____ How many: _________ ☐ No

2:30 Breakout Session (please number 1st, 2nd, 3rd choices)
Survivor Parent(s) Siblings
☐ ☐ ☐ Advocacy for College, Career, or Vocational Planning
☐ ☐ ☐ Nutrition & Cooking Demonstration
☐ ☐ ☐ Therapeutic Drumming

Deadline for Registration is 7-22-13.
Deadline for submission of Scholarship application is 7-15-13.

Please mail this form to Life with Cancer
8411 Pennell Street · Fairfax, VA 22031
or fax to 703-531-1597
Online registration is available at www.lifewithcancer.org after June 15th
For more information call Connie Connor, at 703-531-1515
or email constance.connor@inova.org.
ABOUT THE SPEAKERS

Niccole Piguet, MD, MPH, is a Pediatric Oncologist at Inova Fairfax Hospital. She graduated from Eastern Virginia Medical School in 2004 where she received the Etheridge and Shoaibi award for excellence in Pediatrics. She completed her residency at Yale New Haven Hospital, and fellowship at Brown University, Hasbro Children’s Hospital. She also received an MPH at Brown University, with a focus on public health research methodologies to study the impact of late effects on survivors of childhood cancer. She won the Ziai award for subspecialist of the year for 2012 at Inova Fairfax Hospital.

Amanda Thompson, PhD, Psychologist, Director Patient Support Services, Children’s National Medical Center, provides services to children with cancer throughout treatment. She participates in two long term follow up clinics, is a frequent presenter at national meetings with several publications focusing on social/emotional quality of life after treatment, and has a research and clinical interest in survivorship and sibling adjustment.

Dave Smith has been the CEO of Special Love, Inc., since 1987. He is President of the Children’s Oncology Camping Association International and holds degrees in Creative and Technical Writing, Political Science, and Strategic Leadership. Dave is an avid musician and has written original recordings for camp, including “No Mo Chemo” and “I’m a Survivor,” which debuted on YouTube as an animated music video in 2012.

Jenny Eckert, LCSW, RPT, OSW-C, Children’s Program Manager at Life with Cancer for 12 years, has been in pediatric oncology for 17 years. Jenny provides counseling and play therapy and also facilitates many of the groups and programs for children and teens.

Corinne Cook, MSW, LCSW, OSW-C, started her social work career in pediatric oncology and has worked in Radiation Oncology for the past 14 years at Inova Fairfax Hospital. She is published in the field of ethics and worked in the securities industries.

Kate Shafer, MSW, LICSW, Licensed clinical social worker in the long-term follow up clinic at Children’s National Medical Center and George Washington Medical Center’s Thriving After Cancer clinic for childhood cancer survivors over age 18. Kate has more than 20 years experience working with children with cancer, survivors, and families.

David McGinness, MSW, LCSW, Oncology Counselor, with almost 20 years of experience in health and mental health. As Hispanic Program Coordinator at Life with Cancer, he facilitates Spanish-language cancer support groups at Life with Cancer Center and in Alexandria and provides inpatient and outpatient oncology counseling in English and Spanish.

Darah Curran, MSW, LCSW, Oncology Counselor, Life with Cancer, provides psychosocial support to families in INOVA’s pediatric oncology clinic and counseling for adults in both inpatient and outpatient setting. She co-facilitates the Parenting Alone group and Off-therapy group for children. Darah worked in home-based family counseling for 10 years.

Debra Cohen, MSN, CPNP, Certified Pediatric Nurse Practitioner, Division Hematology Oncology, Children’s Hospital of Richmond at Virginia Commonwealth University with interests in survivorship, pain management, and adolescent health. Debra received her Master's in nursing from the University of North Carolina.

Drucilla Brethwaite, MSW, LCSW, OSW-C, Oncology Counselor, Life with Cancer, provides counseling to individuals, couples and families & conducts programs on Mind-Body Techniques, Tools for Couples, Insomnia, Crafting a Legacy, and Maintaining Resiliency. Drucilla also co-facilitates several groups on Blood Cancers, Stem Cell/BMT, Partners in Care, Drumming, and Good Grief. She is also a GMU social work faculty member.

Danielle Navidi, chef, author, and mother of a childhood cancer survivor, is pursuing a master’s in Holistic Nutrition. She provides cooking & nutrition instruction/consultation, runs the “Cooking for Cancer” nutrition program for young patients, survivors, and parents at Georgetown, and is the author of Happily Hungry: Smart Recipes for Kids with Cancer, by Danielle Navidi.

Verónica Martínez, MS, CPHL, Hispanic Outreach Coordinator, Life with Cancer, has over 26 years of nursing experience including pediatric oncology at Children’s National Medical Center and Inova’s Pediatric Center. Veronica is a Public Health Clinical Nurse Specialist and is involved in health advocacy promotion and complementary therapies.

MORE ABOUT THIS EVENT

- **WIN A COLLEGE SCHOLARSHIP**
  Eighteen $1000 college scholarships will be awarded to Survivors and one Sibling at the conference. To be eligible, you must be a childhood cancer survivor or sibling of a survivor diagnosed before age 18, a high school graduate currently enrolled or accepted at a two or four year college, vocational, or graduate school, and a first time recipient. Request an application on the registration form or online. Scholarships provided by Growing Hope (Northern VA treated only), Special Love, Inc., the Quadrino Foundation, DC Candlelighters, & the Dekelboum Family Foundation.

- **APPROPRIATE AUDIENCE & ATTIRE**
  This conference is for **teen** (17 and over) and **young adult survivors of childhood cancer** (on or off treatment), their parents, and **teen/young adult siblings** (17+). Casual attire.

- **COST AND BENEFITS**
  The Conference is free of charge. **Breakfast and lunch provided. Each survivor will receive Childhood Cancer Survivors: A Practical Guide to Your Future 3rd ed., by Nancy Keene, et. al. and Happily Hungry: Smart Recipes for Kids with Cancer, by Danielle Navidi.**

SPACE IS LIMITED & REGISTRATION IS REQUIRED.
Register at www.lifewithcancer.org or contact Connie Connor, LCSW at 703-531-1515;

CONFERENCE LOCATION AND PARKING

Dewberry Life with Cancer Family Center
8411 Pennell Street
Fairfax, VA 22031
703-698-2526
Ample Free Parking
Closest Metro - Dunn Loring Station.
## CONFERENCE AGENDA - MORNING

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8:15 - 8:45</td>
<td>REGISTRATION AND BREAKFAST</td>
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<td>8:45 - 9:00</td>
<td>WELCOME AND OPENING REMARKS</td>
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<tr>
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<td>Constance Connor, LCSW, Pediatric Oncology Counselor, Life with Cancer, Inova Cancer Services</td>
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<tr>
<td>9:00 - 10:15</td>
<td>KEYNOTE ADDRESS:</td>
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<tr>
<td></td>
<td>Surviving and Thriving: Overview of Late Effects and Long Term Health</td>
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<td></td>
<td>Niccole Piguet, MD, MPH, Pediatric Oncologist, Inova Fairfax Hospital</td>
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<tr>
<td>10:15 - 11:00</td>
<td>Considerations for Family Healing:</td>
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<td></td>
<td>Impact on Parents and Siblings</td>
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<td></td>
<td>Amanda Thompson, PhD, Psychologist, Director, Patient Support Services, Department of Hematology/Oncology Children’s National Medical Center</td>
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<tr>
<td>11:00 - 11:10</td>
<td>BREAK</td>
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<tr>
<td>11:10 - 12:15</td>
<td>Survivor and Sibling Panel:</td>
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<td>Stories of Family Survival and Resilience</td>
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<td>Moderator: Dave Smith, CEO, Special Love, Inc.</td>
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<td>12:15 - 1:00</td>
<td>LUNCH &amp; RESOURCE FAIR “Meet the Experts”</td>
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<td></td>
<td>Danielle Navidi, <em>Happily Hungry: Smart Recipes for Kids with Cancer</em></td>
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<td>Long Term Follow-up Clinic Coordinators: Katarina Steacy, MS, RN, FNP-C, CPON, Children’s National Medical Center, GW TAC Program; Evelyn Joran Thiel, MSN, CPNP, CPON, University of Virginia Health System; &amp; Debra Cohen, MSN, CPNP, Virginia Commonwealth University Childhood Cancer Organizations: Special Love, Inc., DC Candlelighters, Leukemia and Lymphoma Society, Bite Me Cancer, Lucy’s Love Bus, and more!</td>
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## CONFERENCE AGENDA - AFTERNOON

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>1:00 - 2:15</td>
<td>BREAKOUT SESSIONS - CHOOSE ONE</td>
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<tr>
<td>A. For Parents:</td>
<td>Letting Go &amp; Empowering Your Young Adult</td>
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<tr>
<td></td>
<td>Kate Shafer, LICSW</td>
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<td>Children’s National Medical Center &amp; George Washington Cancer Institute</td>
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<td></td>
<td>Jennifer Eckert, LCSW, RPT, OSW-C, Children’s Pgm Manager</td>
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<td>Life with Cancer, Inova Cancer Services</td>
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<td>Corinne Cook, LCSW, OSW-C, Radiation Oncology, Inova Fairfax Hospital</td>
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<td>B. For Survivors:</td>
<td>Relationships, Intimacy, Dating, and Disclosure</td>
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<td></td>
<td>Darah Curran, LCSW, Pediatric Oncology Counselor, &amp; David McGinness, LCSW, Oncology Counselor</td>
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<td>Life with Cancer, Inova Cancer Services</td>
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<td>C. For Siblings:</td>
<td>What About Me?</td>
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<td></td>
<td>Amanda Thompson, PhD, Psychologist</td>
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<td>Children’s National Medical Center</td>
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<td>2:15 - 3:30</td>
<td>BREAKOUT SESSIONS - CHOOSE ONE</td>
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<tr>
<td>1. De-Stress with Therapeutic Drumming</td>
<td>Drucilla Brethwaite, LCSW, OSW-C, Life with Cancer</td>
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<td>Veronica Martinez, MS, CPHL, Life with Cancer</td>
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<td>2. Advocacy for College, Career or Vocational Planning</td>
<td>Debra Cohen, MSN, CPNP, Virginia Commonwealth University Hospital</td>
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<tr>
<td>3. Nutrition and Cooking Demonstration</td>
<td>Danielle Navidi, Author, Chef, Nutritionist, Georgetown Medical Center</td>
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<tr>
<td>3:30 - 3:45</td>
<td>BREAK</td>
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<tr>
<td>3:45 - 4:15</td>
<td>SCHOLARSHIP AWARDS</td>
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<tr>
<td>4:15 - 4:30</td>
<td>CLOSING REMARKS &amp; EVALUATIONS</td>
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